

Message from the President



It has only been a couple of months since our last newsletter yet so much seems to have happened! We had a good start to the New Year and this has continued with the launch of our Mentoring Program, of the Board Readiness

Program, and a new style of event from which we had some fabulous feedback. Particularly informative and enjoyable was the presentation on Business Etiquette, part of our Mentoring Program but the mentors got as much out of it as the protégés. More on those topics later from the respective coordinators. We have also had enquiries about our organisation which is leading to some new opportunities. For example, we have been invited to participate in a schools program designed to generate interest in choosing IT, science, and maths as careers. We have a good source of enthusiastic young ladies in our past and present mentoring programs who we can draw on to enthuse school students. Our next open event is our AGM on 21st July 2010. I encourage you to attend as it is not just about the formal part, there will be time for networking afterwards. Details are on our website under events. I look forward to your continued support, and I'll see you at the AGM!

2010 Mentoring Program is underway

Sonya Weiser – Mentoring Director

The WIT mentoring program for 2010 commenced in April. This program has been successfully run by WIT each year since 2005, providing an entrée into the requirements of careers in innovation and technology.

This year we've paired 9 students from The University of Adelaide and 7 students from the University of South Australia with mentors. Since the program launch on April 8th, WIT has hosted two events for the protégés and mentors. These were the mentor and protégé training event, followed by a business etiquette workshop facilitated by Lowen Partridge. For more information about this and other programs run by WIT, please visit

<http://www.wit-sa.org/site/pages/programs.php>.



WIT SA AGM – July 21

Our annual WIT SA AGM will be held on Wednesday the 21st July 2010 at 5.30pm. Members of Women in Innovation & Technology (WIT) and friends are invited to attend our AGM and stay for drinks and canapes after the formal proceedings. This is an opportunity for WIT SA members to have a say in how WIT is run.

There are a number of key roles up for nomination this year. They include President, Treasurer, Event's Director and Mentoring Program Director. We will also be voting on a new role for the Board Readiness Program – a Board Readiness Program Director.

The Board is proposing a number of constitutional changes this year that require your vote.

When: Wednesday 21 July 2010
Time: 5:30pm-7:00pm
Where: Cliftons Training Centre, Level 1, 80 King William Street, Adelaide
Cost: Members FREE, Non-members \$25.00 includes drinks and canapes
RSVP: By 14 July 2010 to Sue Shaw on 0421 915 591 or email contactus@wit-sa.org

* Please note that non-members are not allowed to vote. If you would like to participate in this important meeting, please RSVP by **Monday 19th July**. If you are unable to attend, and you would still like to vote on the nominations, please complete a proxy form (also available on the WIT website). This also needs to be received by **Monday 19th July**.

Wednesday 25 August Event

Create a Balanced Life

Don't miss this one!!!



This event will be an interactive workshop with guest speakers providing you with some tools that you can use in your everyday life to help develop and create balance and harmony in all aspects of your life.

The workshop will cover nutrition, health, exercise, fun activities and more! Do yourself a favour and take a couple of hours off to attend this event, it'll be worth your while!

Speakers	Topics
☸ Lisa Hobden, Lisa Hobden Consulting	☸ The tools to build a balanced Life
☸ Sue Sheppard, Beyond Potential Life Coach & Personal Training	☸ Taking charge of your personal health and fitness
☸ Andrea Peterson, Women in Balance	☸ How to have fun and adventure in your life!
☸ Kathy McLean, Rarest Gem Yoga & Wellbeing	☸ Benefits of yoga and meditation

When: Wednesday 25 August 2010

Where: Wild Thyme Organic Market & Café, 101-105 Melbourne Street, North Adelaide

Time: 5.30pm-7.45pm

Cost: Members \$25; non members \$35

Includes: Goodie Bag and antiox shot on arrival, delicious organic canapés, dips, herbal tea and coffee

Quote for the Quarter

"You may be disappointed if you fail, but you are doomed if you don't try."Beverly Sills



WIT GETS FIT



This year WIT will be getting fit to raise funds for EBL Disability Services

The Elizabeth Bowey Lodge began with a unit in Davoren Park to support families with children with an intellectual disability. Over the last 28 years, the Lodge has grown and now provides respite to 105 families from the north and north-eastern suburbs.

EBL need to raise \$25,000 to expand the services offered and to provide a 'sensory' room for the Children's unit. A sensory room is specifically for children who have varying degrees of Sensory Integration Disorder. Sensory environments are aimed at providing these individuals with the opportunity to stimulate develop or balance their senses. Their main functions tend to be therapeutic, educational and relaxation, all in relation to development.

Training sessions are being held every Sunday at 8.30am at Henley Beach.

To register your interest contact Nicola Cowley – WIT Vice President
on 0421 140 461 or at contactus@wit-sa.org

WIT SA Expo 2010

We hosted our first Expo luncheon and networking event on Friday 21 May at the Italian Centre with 15 businesses showcasing their products and services and more people attending the networking lunch. The service provided by The Italian Centre was excellent and there was plenty of space to exhibit, mix and mingle during the day. Feedback received from attendees indicated that it was a great opportunity for networking in an informal atmosphere. People particularly liked the opportunity to meet the Women in Innovation & Technology Board members as they introduced themselves during the luncheon. All attendees who responded to our feedback survey said that they would attend again so this event will definitely be on our calendar again in the future.

Exhibitors included:

Cliftons are Asia Pacific's leading provider of computer training, meeting/seminar and video conferencing facilities. Cliftons provide rooms built specifically to purpose. They provide service and operational expertise developed over 11 years through the delivery of a range of event logistics, with a diverse range of facilities including IT & Computer Training Centres, Conference Centres, Meeting Rooms, Video Conferencing and more www.cliftons.com.

At **Beyond Potential** along with physical training, they offer "No Sweat" lifestyle coaching sessions that look at clients overall food and lifestyle habits. Sue Sheppard is a Certificate IV certified Master Personal Trainer, Life Coach and Level II Sprints coach and a contributing author for the recently released "The Complete Health Series". She is one of only two women who ran the boundary in the South Australian National Football League and also has achievements in running with over 20 wins as a Professional Athlete including the prestigious Stawell Gift 400m and State Titles as an over 35 amateur athlete as well as being the current Running Technique Coach for the West Adelaide Football Club. www.beyond-potential.com.au

CMACS Accounting Services www.cmacs.com.au have been running for 9 years working across a diverse range of businesses. They have in depth expertise in MYOB for small businesses – including installations, training, bookkeeping, and development of procedures that can be customised to your system. They are also a qualified BAS service provider, now a Government requirement. Also, take a look at at the ProfitNow service – your business profit updates can be updated on a regular basis and sent to your mobile phone. – www.profitnow.com.au

Sandra Roubos and husband Tim have been running **Fin Designer Jewellery** for 5 years. What started as a hobby has grown into an impressive range of jewellery to suit all tastes and budgets. Sandra and Tim have developed their business to now focus primarily on showings that work in conjunction with not-for-profits, generously giving a % of the sales to the host organisation. fndesign@chariot.net.au



ESP Event Management provides a one stop shop for all your event requirements, managing every aspect of your function from start to finish. They also offer a wedding planning service as well as managing regional wedding expo's including the McLaren Vale Wedding Expo and the Bay Bridal Fair. Their future goal is to provide more events that assist people on their journey of self discovery and enlightenment through facilitating workshops, meditation circles and weekend retreats. www.espeventmanagement.com.

Lisa Hobden Consulting provides a range of human resource and management support. Lisa has over ten years experience in middle and senior management roles and acted as an integral player in establishing legal recruiting practices for two recruitment firms. The business provides consulting in some key areas including general human resource support and advice, behavioural profiling, strategic management, recruitment and results-focused programs in coaching, meeting budget targets and specifically graduate recruitment. Lisa holds strong in her philosophy that "**an organisation's people is the foundation to its success**" and this is at the heart of everything she does. www.lhobdenconsulting.com

Logi-Tech almost needs no introduction as it has become well known with over 20 years experience delivering information technology solutions to South Australian industry. With Adelaide's largest engineering support team, they design each solution to meet their clients' individual business needs. Their expertise extends across a broad range of technologies including Solution planning, design and implementation, Programmed maintenance and health checks, Contracted support services, Reactive break/fix support, IT Management Services, 1st, 2nd and 3rd level support, Storage and Networking, Logi-Tech also brings to the table an extensive range of partnerships across most well known technology capabilities and an impressive range of industry certifications in their engineering team. – www.logitech.com.au,

WIT SA Expo 2010 cont...



Nu Software asks if you are spending too much time working *in* your business instead of working *on* your business, then consider nuSoftware. Since 1992 they have been developing customised database applications, designed to help you run your business and aimed at taking away the pain and frustration of trying to fit your business into an off-the-shelf software package. Their systems are web based, so you can log on from any internet ready computer and access your data in real time. Nusoftware have experience across a variety of industries including Warehouse-distribution, Supply-chain, Manufacturing, Mining, Debt Collection, Publishing and Disability Support. For more, see www.nusoftware.com.au

Star Solutions specialise in website development and build original web based, self service applications like timesheets, booking systems, and online membership joining. For Riverside Rowing Club, Star have developed an online boat booking system for their 180 members, and for The Tradies in Canberra an online database for their 25,000 members. These bespoke systems can also be integrated with your existing business systems. Star will work with you to find your "point of difference", to ensure your website works smarter for your business.. www.starsolutions.com.au

Twisted Connector's Sally Curtis is a 'Global Entrepreneurial Connector' – she uses over 15 years experience to help individuals and businesses find the 80% of business that they don't currently tap in to. For example – Sally and her co-owner/director Tyson will take a business with an unclear vision, provide it with clarity using questioning and strategic processes then build a bridge with steps on how to take the business to the next level and then help in the execution. Twisted Connector works using a unique process and set of tools. The Twisted Connector team has been quoted by previous clients as a "Quick thinkers with an impressive memory for contacts and a passion for helping people find and develop their right teams." For more, see www.TwistedConnector.com

Weiser Consulting believes that value from investment in information technology (IT) is absolutely vital to the success of every business. You cannot be competitive in today's fast moving world without support and information from the right IT systems. Plan and implement your IT strategy with advice from Weiser Consulting to get the maximum possible value from your IT. Weiser Consulting provide strategic IT and business advice to help you: assess your IT system needs; ensure your IT supports your business strategy; get value from your current IT investments; determine where future investment in IT is required; and support you through implementation of IT system changes. Read more about Weiser Consulting at their website here: www.weiserconsulting.com.au

Women in Balance is based on the premise that women in their own businesses spend most of their time working and looking after others and don't often give themselves time just for themselves. WIB takes a fresh approach to networking with a range of re-energising activities such as cooking, surfing, day spas and shopping trips with the primary aim to have as much fun as possible. If you are interested in promoting your business, building your network or injecting more fun into your life call Andie on 0417 836 796. www.womeninbalance.com.au

YWCA of Adelaide is a not for profit organization which is the leading voice for young women in South Australia. They provide advocacy, support, empowerment and leadership opportunities for young women under 30 through services, programs and campaigns. YWCA run a variety of programs including the 2 Degrees of Separation Mentoring program for young women, Big Brothers Big Sisters youth mentoring program, Northern Services - Street Team and Cruizin' Kilburn social recreational programs for young people, Encore an exercise program for women living with breast cancer, Women's Clubs and Walking Clubs. YWCA of Adelaide also advocates for women by creating awareness and building a more just society through campaigns on violence against women and girls, self image and gender role stereotypes. www.ywca.com.au



"Connecting women working in all areas of innovation and technology and creating a sustainable network of members focused on the advancement of women in non-traditional industries and roles."